PRESENTERS

WILLIAM MILLER, RN, BSN, PHRN, NREMT
Mr. Miller's career spans over 30 years as a Falls Township Police Officer, Battalion Chief and educator. Mr. Miller has been a tireless liaison between the police department and the community for as many years. Mr. Miller presents first hand information regarding ballistic trauma. He is very active with the DARE program in area schools striving to educate children about the dangers of drugs.

MARGARET ESTLOW, MSN, RN, CPEN, PNP-BC
Ms. Estlow obtained her BSN degree from Stockton State College and her MSN, CRNP degrees from the University of Pennsylvania. Ms. Estlow is the Advanced Practice Nurse at Capital Health for the Acute/Critical Care/Chronic/Emergency Pediatric Care unit. She also chairs the Neonatal-Pediatric Multidisciplinary Clinical Practice Committee.

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PATRICIA NIERSTEDT, RN, MS, CEN
Ms. Nierstedt earned her BSN and Masters in Health Administration from the New Jersey School of Nursing. He received his BA from Brandeis University. He is currently the Director of Behavioral Services of the ARC of Mercer County. He prescribes and treats patients through crisis and unstable situations. He implements behavioral strategies for all consumers in his care.

AARON SPECTOR, MSN, APRN
Mr. Spector received his MSN: Psychiatric Nurse Practitioner degree from Yale University School of Nursing. He received his BA from Boston University. He is a board certified Adult Nurse Practitioner. His clinical background spans over 35 years and includes working as a staff nurse, nursing supervisor, quality performance nurse, trauma coordinator, and trauma program manager. Ms. Nierstedt has been the Trauma Program Manager at Hackensack University Hospital for the past nine years.

JOSEPH BLANSFIELD, RN, MS, NP
Mr. Blansfield earned his BSN from the University of Connecticut and his MSN degree from Boston University. He is a board certified Adult Nurse Practitioner. His clinical background spans over 35 years and includes working in the emergency department of the Boston City Hospital in a variety of clinical roles. For the last 20 years, he has been the Trauma Program Manager for the Department of Surgery at Boston Medical Center – a Level I Trauma Center. Mr. Blansfield has recently retired from the US Army Reserve as a Colonel after serving his country for 26 years.

ROBERT MANLIO, EMT
Mr. Manlio’s clinical background as an emergency medical technician spans over 22 years. He has held the position of Deputy EMS Coordinator for the Mercer County Office of Emergency Management since 2002, where he prepares and plans for incidents of significance and coordination of resources for large-scale responses. He acts as the liaison between local and county agencies. He was a first responder during tropical storm Irene and super-storm Sandy.

SCOTT J. FRANK, MICP
Mr. Frank has been employed by Capital Health for over 19 years in his role of paramedic and tactical paramedic. He is a graduate of BCCC, where he received certification from the Emergency Health Services Training Institute. He is a graduate of Montgomery County Community College where he obtained his municipal police officer training.

TRAUMA 2014
Friday, October 24

The Conference Center at Mercer
Mercer County Community College
1200 Old Trenton Road
West Windsor, NJ 08550

Topics for presentation
• Does Size Really Matter: Ballistics
• Post Traumatic Stress Disorder
• The Boston Marathon Bombings: How this tragedy was different and what we have learned
• Pediatric Resuscitation
• They Tased Me Nurse
• EMS Response to Hurricane Sandy
• Tactical Medicine

Seminar presented by:
The Surgeons and Staff of The Bristol-Meyers Squibb Trauma Center At Capital Health Regional Medical Center

capitalhealth.org
**REGISTRATION FORM**

Registration is required

**SEMINAR FEES**

**SEMINAR COST**: $60 per registrant
- The seminar includes a continental breakfast, buffet luncheon, and morning snacks.
- Seminar materials are included in the cost.

**REGISTRATION FEE**: $60.00 per registrant

**AGENDA**

**7:30 – 8:00 a.m.**
Registration and Continental Breakfast

**8:00 – 8:15 a.m.**
Opening Remarks

**8:15 – 8:45 a.m.**
**DOES SIZE REALLY MATTER: Ballistics**
William Miller, RN, BSN, PHRN, NREMT

**8:45 – 9:45 a.m.**
**POST TRAUMATIC STRESS DISORDER**
Aaron Spector, MSN, ARPN

**9:45 – 11:15 a.m.**
**THE BOSTON MARATHON BOMBING: How this tragedy was different and what we have learned**
Joseph Blansfield, RN, MS, NP

**11:15 – 11:30 a.m.**
Snack

**11:30 – 12:15 p.m.**
**PEDIATRIC RESUSCITATION**
Margaret Estow, MSN, RN, CPEN, PNP-BC

**12:15 – 1:15 p.m.**
Buffet Lunch

**1:15 – 2:15 p.m.**
**THEY TASED ME NURSE**
Patricia Nierstedt, MSN, RN

**2:15 – 2:45 p.m.**
**EMS RESPONSE TO HURRICANE SANDY**
Robert Manlio, EMT

**2:45 – 3:25 p.m.**
**TACTICAL MEDICINE**
Scott Frank, MICP

**3:25 – 3:30 p.m.**
Evaluations
Contact Hours

**WHO SHOULD ATTEND?**
- The seminar is open to all, especially those who provide care and support for the trauma patient.

- Staff Nurses
- Physicians
- Trauma Coordinators
- Respiratory Therapists
- Allied Healthcare Personnel
- Educators
- Physician Assistants
- Pre-Hospital

**EDUCATIONAL CONTACT HOURS**
Capital Health System is an approved provider of continuing nursing education by the New Jersey Nurses Association, an accredited approver by the American Nurses Credentialing Center’s COA. Provider Number P122-5/13/-16.

**THE TRAUMA DEPARTMENT HAS REQUESTED**
- Nursing Contact Hours
- Continuous Elective Education Units for NJ Prehospital Care Providers
- Continuous Elective Education Units for NJ Prehospital Care Providers

**OBJECTIVES**

**Does Size Really Matter: Ballistics**
1. Discuss direct and indirect injuries caused by projectiles.
2. Explain how projectiles carry and transfer energy.
3. Describe patient assessment.

**Post Traumatic Stress Disorder**
1. Identify Post Traumatic Stress Disorder (PTSD) among adults.
2. Review treatment modalities for PTSD along with the potential hurdles including comorbid conditions.
3. Examine ways that therapy can give control back to the patient.

**Pediatric Resuscitation**
1. Review anatomy and physiology.
2. Discuss literature review about pediatric resuscitation.
3. Describe standardization and its impact on pediatric resuscitation outcomes.
4. Apply the principles of the Code Roles A to D Resuscitate Me Model. Review the Code Roles research outcomes.

**EMS Response to Hurricane Sandy**
1. Explain the county EMS response to Hurricane Sandy.
2. Explain the New Jersey EMS Task Force response to Hurricane Sandy.

**Tactical Medicine**
1. Recognize the difference between the tactical paramedic and the pre-hospital paramedic.
2. Identify situations that require altered treatment modalities.
3. Recognize indications for and utilization of a tourniquet, hemostatic agent, pressure bandage and chest seal.

**CANCELLATIONS**
Full registration will be refunded if notice is received by October 13. No refunds will be made after this date due to the cost of the preordered breakfast and luncheon. Participant substitutions may be made without prior notice.

- If minimum registration numbers are not met, the seminar will be cancelled.
- If minimum registration numbers are not met, sponsors reserve the right to cancel the program.
- Registration may be available at the door if space allows. Call 609-394-6013 to check on available seating.

**WHO SHOULD ATTEND?**
- The seminar is open to all, especially those who provide care and support for the trauma patient.

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**PAYMENT**

Make checks payable to:
Capital Health Trauma Department

Send checks and registration forms to:
Trauma Department, Box 109
Bristol-Myers Squibb Trauma Center
at Capital Health Regional Medical Center
750 Brunswick Avenue
Trenton, NJ 08638

**REGISTRATION FEE**: $60.00 per registrant

Name ____________________________
(PLEASE PRINT)

Street Address ______________________________

City ___________________ State _______ Zip ________

Employer ___________________________

E-mail ____________________________
(PLEASE PRINT)

☐ Nurse ☐ Physician
☐ Prehospital ☐ Other

FOR QUESTIONS, PLEASE CALL 609-394-6013